Commitment Contract

Participants:

- Elly Mar Tamayor
- Edjay Lindayao
- Shan Kian Buenafe

Challenge Duration:

- Start Date: August 1, 2024
- End Date: December 31, 2024

Challenge Requirements:

- Wake-Up Time: Both participants must wake up daily at 5:00 AM.
- **Proof Submission:** A video or photo proving that waking up was done accordingly must be taken between 5:00 AM and 6:00 AM and sent before 7:30 AM.

Penalties:

- **Daily Penalty:** Failure to wake up at 5:00 AM and/or send the proof video or photo before 7:30 AM will incur a penalty of ₱10.
- **Monthly Increment:** The penalty will increase by ₱10 each month.
 - o August: ₱10
 - September: ₱20
 - o October: ₱30
 - November: ₱40
 - December: ₱50

Exemptions:

• **Special and Unconsiderable Events:** Participants are exempt from penalties in cases of special and unconsiderable events, such as emergencies or significant unforeseen circumstances. Such events must be mutually agreed upon and communicated promptly.

Surrender Fee:

- **Surrender Penalty:** If either participant decides to surrender and not continue with the challenge, a surrender fee of ₱5,000 must be paid to the other participant.
- **Non-Payment Consequence:** Failure to pay the surrender fee will result in accepting one week of imprisonment.

Rewards:

- **Winning Criteria:** The participant with the lowest number of unfulfilled challenge requirements at the end of the challenge period will receive the reward.
- **Tie Situation:** In case of a tie, the reward amount will be frozen and carried over to the following month for a subsequent challenge or split evenly if no further challenge occurs.

Termination and Legal Consequences:

- **Philippine Law Compliance:** This contract is governed by and construed in accordance with the laws of the Republic of the Philippines.
- **Breach of Contract:** Any breach of this contract, including failure to comply with the surrender fee or imprisonment agreement, may result in legal action under applicable Philippine laws.
- **Dispute Resolution:** Any disputes arising from this contract will be resolved through mutual agreement. If a resolution cannot be reached, the matter may be brought before the appropriate courts in the Philippines for adjudication.

Signatures:







July 31, 2024